## Dorset Health and Wellbeing Board

<table>
<thead>
<tr>
<th>Date of Meeting</th>
<th>2 March 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Subject of Report</strong></td>
<td>Inspired by 2012 Health and Wellbeing Legacy Fund Update</td>
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<tr>
<td>Report Author</td>
<td>Chief Executives Office, Dorset County Council</td>
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<tr>
<td>Partner Organisation</td>
<td></td>
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<tr>
<td>Responsible Commissioning body</td>
<td>Dorset County Council</td>
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<tr>
<td>Delivery partner/s</td>
<td>Dorset County Council, Poole Borough Council, Bournemouth Borough Council, Dorset Clinical Commissioning Group</td>
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<tr>
<td><strong>Executive Summary</strong></td>
<td>The Legacy Fund was created to distribute £704,000 of small grant awards to organisations across Dorset, Bournemouth and Poole over three funding windows. £704,000 has so far been allocated over the three funding windows.</td>
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| **Impact Assessment:**| **Equalities Impact Assessment (EqIA):** This is not a new policy so an EqIA is not required.  
Locality Impact: Applications are assessed on merit. Location has not formed part of the decision making process to date. There is a desire to ensure all areas of Dorset, Bournemouth and Poole benefit.  
**Budget:** £744,000 in total. £40,000 allocated to manage the fund. £704,000 to award as small grants. £684,000 allocated to date. £20,000 remaining is allocated for independent evaluation assessment. |
| **Risk Assessment:** | Having considered the risks associated with this decision using the County Council’s approved risk management methodology, the level of risk has been identified as:  
Current Risk: LOW  
Residual Risk: LOW |
| **Health and Wellbeing Implications:** | 56 community projects have been funded to address Health and Wellbeing outcomes, they have varying start and end project timescales and are required to report progress. Additional evaluation will be undertaken by management team with detailed analysis undertaken independently. |
| **Other Implications:** | Inequalities in health outcome are evident between the localities across the three top tier Local Authorities as well as within specific vulnerable groups. The fund seeks to provide additional resource to those most vulnerable communities. |
| **Evidence Base and Strategic alignment** | **Use of Evidence:** In September 2013 the Dorset Health and Wellbeing Board supported proposals for an Olympic Legacy grant programme. |
|  | Evidence base within Joint Strategic Needs Assessment: The grant programme has been established to prioritise health inequalities identified from the JSNA’s for both Dorset and Bournemouth & Poole. |
|  | Community engagement / expressed needs: Applications are welcome from organisations across Dorset, Bournemouth and Poole and are encouraged to engage local communities and demonstrate need. |
|  | Alignment with Joint Health and Wellbeing Strategy: Established by both Health and Wellbeing Boards to align with Health and Wellbeing Strategies. |
| **Recommendation** | 1. Members are requested to comment on the report, and note the achievements of the project so far and consider the future of the fund.  
2. That projects ongoing are fully supported by all partner agencies to support the innovative projects to achieve their outcomes and record their good practice. |
| **Reason for Recommendation** | To ensure the Legacy Fund is achieving the desired outcomes.  
To highlight evidence of good practice and innovative ideas to address health and wellbeing across Dorset, Bournemouth and Poole.  
To ensure appropriate lead partners are aware of projects and to ensure there is a support network.  
To learn lessons on success and failures in delivery, recording information and promoting external evaluation.  
To recognise and quantify the value of the fund in changing people’s lives and improving Health and Wellbeing outcomes for vulnerable people and marginalised communities. |
| Appendices          | Appendix 1 – Portfolio of supported projects  
<table>
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<th>Appendix 2 – National NHS Award Evidence Summary</th>
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</table>
|                     | Minutes of the Dorset Health and Wellbeing Board, 11 September 2013: [http://www1.dorsetforyou.com/COUNCIL/commis2013.nsf/0c9d2ffe4bb3382980256dc6003d6c52/e55e890cd5a5d50080257bf90056e79f/$FILE/Minutes%20110913.pdf](http://www1.dorsetforyou.com/COUNCIL/commis2013.nsf/0c9d2ffe4bb3382980256dc6003d6c52/e55e890cd5a5d50080257bf90056e79f/$FILE/Minutes%20110913.pdf)  
|                     | Grants approved can be viewed at: [www.dorsetforyou.com/legacyfund](http://www.dorsetforyou.com/legacyfund) |
| Report Originator and Contact | Name: Dave Franks  
|                                | Tel: 01305 224855  
|                                | E mail: D.G.Franks@dorsetcc.gov.uk |
1. **BACKGROUND**

1.1 In September 2013 the Dorset Health and Wellbeing Board supported proposals for a Joint Health and Wellbeing Olympic Legacy grant programme for Dorset, Bournemouth and Poole. £704,000 is earmarked for projects that provide innovative and evidence based local activities in Dorset, Bournemouth and Poole.

1.2 Dorset County Council is administering the funding programme and has established the fund criteria as advised by Public Health Dorset and NHS Dorset Clinical Commissioning Group.

1.3 The aim of the legacy fund is to create a legacy and inspire communities by investing in projects that focus on the particularly vulnerable, marginalised and deprived communities in order to address health inequalities which exist in Dorset.

2. **CRITERIA AND PROCESS**

2.1 All applications are welcome providing they meet the criteria:

- Target vulnerable people and / or marginalised communities;
- Tackle health inequalities;
- Inspire people towards a healthier lifestyle;
- Create a lasting legacy.

And will be assessed against:

- Strategic need;
- Quality of plans;
- Impact on service area;
- Impact on beneficiaries;
- Financial need;
- Network delivery.

2.2 All information required to apply can be found at [www.dorsetforyou.com/legacyfund](http://www.dorsetforyou.com/legacyfund) or by contacting: Chris Skinner or Dave Franks at DCC on 01305 228580 / 01305 224855.

2.3

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Lasting positive legacy on health and wellbeing</th>
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<tbody>
<tr>
<td>Area</td>
<td>Dorset, Bournemouth and Poole</td>
</tr>
<tr>
<td>Funding Size</td>
<td>No limits although average grants around £10,000 however grants over £20,000 will be exceptional</td>
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<tr>
<td>Total Available</td>
<td>£700,000 over 2 years (2014 - 2016)</td>
</tr>
<tr>
<td>Deadlines</td>
<td>3 rounds (3 application windows across 2014/2015</td>
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<tr>
<td>Completion</td>
<td>All grant funded projects complete by 30th December 2016</td>
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Inspired by 2012 Health & Wellbeing Legacy Fund Update

2.4

<table>
<thead>
<tr>
<th>Round</th>
<th>Funding Available</th>
<th>Open</th>
<th>Closed</th>
<th>Funding Panel Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£300,000</td>
<td>2nd June 2014</td>
<td>5pm 1st August 2014</td>
<td>6th October 2014</td>
</tr>
<tr>
<td>2</td>
<td>£200,000</td>
<td>1st December 2014</td>
<td>5pm 30th January 2015</td>
<td>23rd March 2015</td>
</tr>
<tr>
<td>3</td>
<td>£200,000</td>
<td>1st June 2015</td>
<td>5pm 31st July 2015</td>
<td>21st September 2015</td>
</tr>
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2.5 Recommendations for funding are tabled to a decision making panel consisting of the following members:

- DCC Chief Executive nominated deputy, Chris Scally (Joint Commissioning Manager for Civil Society) – Chair
- Two representatives from each Health and Wellbeing Board Dorset – Cllr Rebecca Knox and District. Cllr Margaret Lawrence, Bournemouth – Cllr Jane Kelly, Cllr Bobbie Dove Poole – Sue Newell
- Assistant Director of Public Health, Rachel Partridge
- Head of Management Accounts Dorset Clinical Commissioning Group, Chris Hickson
- Group Finance Manager Dorset County Council nominated deputy, Tony Elliot

3. APPLICATIONS

3.1 The response over the three funding rounds was very high and many more bids could have been funded. Hundreds of phone calls and emails have been fielded to answer queries and discuss potential applications at each round. In total 186 applications have been received. 52% received from charities and 19% from local authorities.
Inspired by 2012 Health & Wellbeing Legacy Fund Update

3.2 All areas of Dorset, Bournemouth and Poole have been well represented in terms of application numbers, with the greatest number from projects based in Weymouth and Portland. There was a good spread of applicants from across Dorset, Bournemouth and Poole, although applications from Purbeck, East Dorset and Christchurch were visibly lower.

3.3 Within the first two rounds health inequalities have been well represented across the applications except traffic accidents. However with increased promotion this was addressed in the third round.

3.4 A good spread of beneficiaries, with all age groups represented and a good number of projects to benefit people who are disabled.

3.5 In total applications have requested £2,633,679 of grant funding for projects totalling £5,989,758.

4. PROJECTS APPROVED

4.1 The standard of applications has been very high with many more projects suitable for funding than resources could provide for. After careful assessment and consideration the funding panel has approved grant funding of £684,000 to 56 projects.

4.2 Of those 56 projects every area is to benefit from at least 3 projects. Weymouth and Portland and North Dorset benefit most from 10 of the projects each. Purbeck has the least number of projects with 3, with East Dorset and Christchurch receiving 5 awards each but this reflects the size of the number of applications received. In addition to these figures, there are also a number of projects benefiting all areas and Dorset only.
4.3 Below is a table detailing the allocation of funds by area which reflects the number of applications received and the size and scope of the projects.

<table>
<thead>
<tr>
<th>Locality</th>
<th>Awarded Grants</th>
<th>No of Projects</th>
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<tbody>
<tr>
<td>West Dorset</td>
<td>£ 98,737</td>
<td>9</td>
</tr>
<tr>
<td>Weymouth and Portland</td>
<td>£113,992</td>
<td>10</td>
</tr>
<tr>
<td>North Dorset</td>
<td>£ 74,405</td>
<td>10</td>
</tr>
<tr>
<td>Purbeck</td>
<td>£ 29,965</td>
<td>3</td>
</tr>
<tr>
<td>Poole</td>
<td>£ 76,837</td>
<td>8</td>
</tr>
<tr>
<td>Bournemouth</td>
<td>£ 50,017</td>
<td>7</td>
</tr>
<tr>
<td>East Dorset</td>
<td>£ 19,083</td>
<td>5</td>
</tr>
<tr>
<td>Christchurch</td>
<td>£ 27,810</td>
<td>5</td>
</tr>
<tr>
<td>Dorset</td>
<td>£ 66,199</td>
<td>5</td>
</tr>
<tr>
<td>Dorset, Bournemouth and Poole</td>
<td>£126,955</td>
<td>11</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>£684,000</strong></td>
<td></td>
</tr>
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4.4 There is a good spread of health inequalities to be tackled including: dementia, cancer rehab, activities for people who are disabled, substance misuse, physical activity, mental health and addressing road traffic accidents.

4.5 There is a good spread of project type delivery also including: exercise, music, drama, peer support, dance, specialist support, food and diet, referral schemes, film, training and volunteer schemes.

4.6 In total the 56 projects will impact around 20,000 people across Dorset, Bournemouth and Poole.

4.7 All 56 projects secured match funding to add value and increase the impact of investment. The £684,000 investment contributes towards total project costs of over £2.4 million.

5. 6 MONTHLY PROGRESS FEEDBACK EXAMPLES

5.1 CODA Music Trust has completed the delivery of 208 music sessions in residential care homes, engaging 2,284 participants. 56 care staff from 11 homes have taken part in free training sessions to build confidence in delivering music sessions. Lots of qualitative feedback to evidence impact on participants and carers. "The residents are far more alert leading up to the sessions when they know it is going to be started…..they communicate a lot more before and after…the atmosphere is much nicer..." Carer
5.2 VITA NOVA has engaged 53 people who have experienced health inequalities of addiction and mental health problems through theatre workshops and performances. Participants have formed a supportive group and demonstrated positive behavioural change. Over 50% have become involved with theatre companies as a result and 10% have gone on to secure full time employment. A majority of participants indicated they felt improvements had occurred in their physical and / or mental health through self-assessment. Numerous positive changes in behaviour were recorded.

5.3 Chesil Sailability has so far exceeded targets and encouraged 32 people with disabilities to try sailing. Of those 32, 8 are now classed as regular sailors and 9 others who have been more than once. Peer support and mentoring has proven really successful with existing participants advising and supporting new sailors with similar needs. It is very clear people get a positive wellbeing benefit from sailing as a social outdoor activity and they really enjoy it. Evaluations through wellbeing snapshots are underway to provide quantifiable measures.

5.4 People First Dorset has extended its geographical reach to support people with learning disabilities and has attracted 60 new participants increasing total engagement to over 400 participants. Activities provide genuine, meaningful relationships that are increasingly sustained outside of the project. Member surveys are planned as the project progresses to gather evidence of impact.

5.5 The Sport and Wellbeing Festival on Weymouth beach was a huge success in year 1 of the 2 year project. Over two disabled days and 2 general public days the festival can highlight the following:

- Over 2,500 people attended
- Over 500 participants who are disabled
- 69% of participants from Dorset, 17% of those from areas identified as most deprived nationally
- 14 health providers in attendance
- Over 220 health checks / assessments / advice sessions undertaken
- 100’s of people signed up to health providers services
- 107 people surveyed – 78% inspired to make a lifestyle change

6. NATIONAL NHS INNOVATION AWARD (HFMA) WINNER

6.1 The prestigious HFMA (Health Finance Management Association) annual awards celebrate excellence in financial departments across the NHS, and the 2012 Health and Wellbeing Legacy Fund scooped the National NHS Innovation Award for the many projects which have led to health improvement for local people.

6.2 In October the Sports and Physical Activity Team with Chris Hickson (Dorset CCG) wrote the application form for this award. Applicants had to evidence the following:
- The degree of innovation shown
- The scale of efficiency gain or saving made
- The learning being shared with others
- The service improvements made
- The degree of sustainability shown
- The extent to which finance staff were involved

6.3 In November our application was shortlisted in the top four bids from up to 90 applicants, and invited to present our application to judges in London. All shortlisted applicants were invited to the Hilton in London in December and we won the award which was presented to fund team and Dorset CCG representatives, Dave Franks, Chris Hickson, Tim Goodson and Paul Vater.
6.4 Summary of evidence highlighted with the application is included in Appendix 2. The Key Points are:

- £744k investment has generated £2.44 million pounds of projects
- Over 20,000 people impacted
- 56 organisations supported with hundreds of partners engaged.
- Potential minimum savings to NHS services of £4.5 million
- Community demand led projects – locality focused
- Light speed procurement
- Innovative interventions outside traditional medical health care

7. COMMUNICATIONS

7.1 Dorset County Council Communications Team has supported the management of the programme to raise awareness of the fund and promote the positive impact. The following has and following has and will be undertaken:

- Successful applicants posted on the Dorset For You web pages;
- Press release to confirm summary of Rd 3 awards has been sent to all communications contacts for Dorset, Bournemouth and Poole;
- Presentation cheque opportunities for each project;
- Plaques, logos and HWB Chair quotes provided to each project;
- Project 6 monthly updates press releases;
- Dorset For You social media posts;
- Articles in Your Dorset paper;
- Articles in BH Life paper;
- Dorset e-newsletters;
- Article for members newsletter;
- Update reports for both Health and Wellbeing Boards.

8. WAY FORWARD and LEARNING

8.1 All projects must be completed by end of December 2016. Each of the projects has submitted monitoring and evaluation plans as part of the application process and is required to submit monitoring data as a condition of grant. Dorset County Council will collate all the data from all projects approved over the three rounds by the end of Mid-January 2017 and will produce a final report for Health and Wellbeing Boards by 31st January 2017.

8.2 Every 6 months projects are required to provide a progress update to ensure the projects are progressing as planned and to also provide information that can be used for communications purposes.

8.3 There are proposals for further more detailed evaluation of projects by a professional research body. Plans are currently being prepared to utilise the allocated £20,000 of grant funding to appoint a professional research body to undertake this evaluation. The evaluation brief is currently being prepared for research bodies to express an interest and provide methodology of how to achieve this. The brief requires evaluation to be conducted in two phases with reports to be produced by the end of August 2016 and the end of March 2017.

Debbie Ward
Chief Executive
February 2016